Dan’s Tips and More

Browse the tips EVCP Dan Lowenstein has featured in his monthly EVCP Expresso [1] and see suggestions from the UCSF community.

- 1Password (June 2016 [2], password management app)
- 678 (film)
- Academy of American Poets? Poem-a-Day series (February 2021 [3])
- AIDS Walk San Francisco (July 2016 [4])
- The Argument (April 2019 [5], news/opinion podcast)
- Asian American and Pacific Islander poets (May 2021 [6])
- ?The Backwards Brain Bicycle? (September 2017 [7], brain plasticity)
- The Blank Slate: The Modern Denial of Human Nature, Steven Pinker (book)
- The Book of Joy: Lasting Happiness in a Changing World (February 2020 [8], book featuring His Holiness the Dalai Lama and Archbishop Emeritus Desmond Tutu)
- The Cartel (film)
- ?Christmas in the Trenches,? John McCutcheon (January 2021 [9], song)
- The Daily (January 2019 [10], news podcast)
- ?Deep work? (February 2019 [11], interview with author Cal Newport)
- The Dig (March 2021 [12], film)
- Discovery Day at AT&T Park (November 2016 [13], Bay Area Science Festival)
- The ?Dutch Reach? (October 2016 [14], safe driving tip)
- The Edge of Heaven (film)
- Elevator tips (April 2017 [15])
- Family recipes (November 2020 [16])
- Finding Vivian Maier (film)
- F.lux (November 2017 [17], app)
- Galileo Thermometer (December 2017 [18])
- Gleason (December 2016 [19], film)
- ?Hope, Rage And Cries For Help?: 5 Essential Tiny Desk Concerts (June 2020 [20])
- ?How to use a paper towel,? Joe Smith (March 2020 [21], TED talk)
- ?How to Live in Southern California,? Shelley Wong (February 2021 [3], poem)
- Injustice and Health (February 2016 [22], UCSF Teach-in)
- Isle of Dogs (May 2018 [23], film)
- James Baldwin: The Price of the Ticket (film)
- Just Mercy, Bryan Stevenson (book)
- Lady Bird (February 2018 [24], film)
- Monument Valley (March 2017 [25], mobile game)
- ?Nepali Climb Step? (October 2017 [26], hiking technique)
- The Nocturnists: Black Voices in Healthcare (August 2020 [27], podcast)
- ?An Obituary for the Land,? The Daily podcast (October 2020 [28], on the Western wildfires)
- Once (August 2016 [29], film)
- The Overstory, Richard Powers (December 2019 [30], book)
• Paul McCartney on Carpool Karaoke (October 2018 [31])
• ?Patagonia: Yvon Chouinard,? How I Built This with Guy Raz (August 2019 [32], podcast)
• Perplexus (December 2015 [33], puzzle)
• Playing for Change and Songs Around the World (January 2020 [34], music videos)
• Political advocacy: Phoning our legislators (February 2017 [35])
• ?The Pre-pandemic Universe Was the Fiction,? Charles Yu (May 2020 [36], article)
• RAMÓN RISING (May 2016 [37], event and film)
• RBG (June 2018 [38], film)
• ?Resilience, Hope and Connection for Wellbeing? ? His Holiness the Dalai Lama (December 2020 [39], virtual dialogue)
• Searching for Sugar Man (October 2015 [40], film)
• Sing Street (August 2016 [29], film)
• ?Sonder? (April 2016 [41], word definition)
• The Sneetches, Dr. Seuss (December 2018 [42], story)
• A Star Is Born, featuring Lady Gaga (November 2018 [43], film)
• Sweet Dreams (film)
• The Swerve: How the World Became Modern, Stephen Greenblatt (March 2016 [44], book)
• There is a road, no simple highway: Hiking the Pacific Crest Trail (January 2016 [45], presentation)
• ?Three Gratiitudes,? Carrie Newcomer (January 2018 [46], poem)
• The Three Marriages, David Whyte (May 2017 [47], book)
• To Be a Machine, Mark O?Connell (July 2017 [48], book)
• Travel Poll / How To Be An Ethical Traveler (June 2019 [49])
• Two Days, One Night (film)
• UCSF Police Department ? Safety and Security (September 2016 [50], events)
• A Vibe for Community Care & Rest (June 2020 [20], playlist)
• Weiman Stainless Steel Cleaner & Polish (April 2018 [51])
• ?What everyone gets WRONG about farm work? with Yara Elmjouie (April 2021 [52], video)
• ?What Is Owed,? Nikole Hannah-Jones (July 2020 [53], essay on reparations)
• ?Who Replaces Me?,? The Daily podcast (September 2020 [54], a Black police officer's story)
• ?The World?s Best Kept Auto Secret? (November 2015 [55], practical tip)
• The Wright Brothers, David McCullough (September 2015 [56], book)
[52] https://evcprovost.ucsf.edu/evcp-expresso/202104#tip
[53] https://evcprovost.ucsf.edu/evcp-expresso/202007#tip
[54] https://evcprovost.ucsf.edu/evcp-expresso/202009#tip
[55] https://evcprovost.ucsf.edu/node/286#tip
[56] https://evcprovost.ucsf.edu/node/266#tip