Dan’s Tips and More

Browse the tips EVCP Dan Lowenstein has featured in his monthly EVCP Expresso [1] and see suggestions from the UCSF community.

- 1Password (June 2016 [2], password management app)
- 678 (film)
- Academy of American Poets? Poem-a-Day series (February 2021 [3])
- AIDS Walk San Francisco (July 2016 [4])
- The Argument (April 2019 [5], news/opinion podcast)
- ?The Backwards Brain Bicycle? (September 2017 [6], brain plasticity)
- The Blank Slate: The Modern Denial of Human Nature, Steven Pinker (book)
- The Book of Joy: Lasting Happiness in a Changing World (February 2020 [7], book featuring His Holiness the Dalai Lama and Archbishop Emeritus Desmond Tutu)
- The Cartel (film)
- ?Christmas in the Trenches,? John McCutcheon (January 2021 [8], song)
- The Daily (January 2019 [9], news podcast)
- ?Deep work? (February 2019 [10], interview with author Cal Newport)
- The Dig (March 2021 [11], film)
- Discovery Day at AT&T Park (November 2016 [12], Bay Area Science Festival)
- The ?Dutch Reach? (October 2016 [13], safe driving tip)
- The Edge of Heaven (film)
- Elevator tips (April 2017 [14])
- Family recipes (November 2020 [15])
- Finding Vivian Maier (film)
- F.lux (November 2017 [16], app)
- Galileo Thermometer (December 2017 [17])
- Gleason (December 2016 [18], film)
- ?Hope, Rage And Cries For Help?: 5 Essential Tiny Desk Concerts (June 2020 [19])
- ?How to use a paper towel,? Joe Smith (March 2020 [20], TED talk)
- ?How to Live in Southern California,? Shelley Wong (February 2021 [3], poem)
- Injustice and Health (February 2016 [21], UCSF Teach-in)
- Isle of Dogs (May 2018 [22], film)
- James Baldwin: The Price of the Ticket (film)
- Just Mercy, Bryan Stevenson (book)
- Lady Bird (February 2018 [23], film)
- Monument Valley (March 2017 [24], mobile game)
- ?Nepali Climb Step? (October 2017 [25], hiking technique)
- The Nocturnists: Black Voices in Healthcare (August 2020 [26], podcast)
- ?An Obituary for the Land,? The Daily podcast (October 2020 [27], on the Western wildfires)
- Once (August 2016 [28], film)
- The Overstory, Richard Powers (December 2019 [29], book)
- Paul McCartney on Carpool Karaoke (October 2018 [30])
- Patagonia: Yvon Chouinard, *How I Built This with Guy Raz* (August 2019 [31], podcast)
- Perplexus (December 2015 [32], puzzle)
- Playing for Change and Songs Around the World (January 2020 [33], music videos)
- Political advocacy: Phoning our legislators (February 2017 [34])
- ?The Pre-pandemic Universe Was the Fiction,? Charles Yu (May 2020 [35], article)
- RAMÓN RISING (May 2016 [36], event and film)
- RBG (June 2018 [37], film)
- ?Resilience, Hope and Connection for Wellbeing? ? His Holiness the Dalai Lama (December 2020 [38], virtual dialogue)
- Searching for Sugar Man (October 2015 [39], film)
- Sing Street (August 2016 [28], film)
- ?Sonder? (April 2016 [40], word definition)
- The Sneetches, Dr. Seuss (December 2018 [41], story)
- A Star Is Born, featuring Lady Gaga (November 2018 [42], film)
- Sweet Dreams (film)
- There is a road, no simple highway: Hiking the Pacific Crest Trail (January 2016 [44], presentation)
- ?Three Gratitudes,? Carrie Newcomer (January 2018 [45], poem)
- The Three Marriages, David Whyte (May 2017 [46], book)
- To Be a Machine, Mark O?Connell (July 2017 [47], book)
- Travel Poll / How To Be An Ethical Traveler (June 2019 [48])
- Two Days, One Night (film)
- UCSF Police Department ? Safety and Security (September 2016 [49], events)
- A Vibe for Community Care & Rest (June 2020 [19], playlist)
- Weiman Stainless Steel Cleaner & Polish (April 2018 [50])
- ?What Is Owed,? Nikole Hannah-Jones (July 2020 [51], essay on reparations)
- ?Who Replaces Me?,? *The Daily* podcast (September 2020 [52], a Black police officer's story)
- The Wright Brothers, David McCullough (September 2015 [54], book)
[54] https://evcprovost.ucsf.edu/node/266#tip