Dan?s Tips and More

Browse the tips EVCP Dan Lowenstein has featured in his monthly EVCP Expresso [1] and see suggestions from the UCSF community.

- 1Password (June 2016 [2], password management app)
- 678 (film)
- AIDS Walk San Francisco (July 2016 [3])
- The Argument (April 2019 [4], news/opinion podcast)
- ?The Backwards Brain Bicycle?: (September 2017 [5], brain plasticity)
- The Blank Slate: The Modern Denial of Human Nature, Steven Pinker (book)
- The Book of Joy: Lasting Happiness in a Changing World (February 2020 [6], book featuring His Holiness the Dalai Lama and Archbishop Emeritus Desmond Tutu)
- The Cartel (film)
- The Daily (January 2019 [7], news podcast)
- ?Deep work?: (February 2019 [8], interview with author Cal Newport)
- Discovery Day at AT&T Park (November 2016 [9], Bay Area Science Festival)
- The ?Dutch Reach? (October 2016 [10], safe driving tip)
- The Edge of Heaven (film)
- Elevator tips (April 2017 [11])
- Finding Vivian Maier (film)
- F.lux (November 2017 [12], app)
- Galileo Thermometer (December 2017 [13])
- Gleason (December 2016 [14], film)
- ?Hope, Rage And Cries For Help?: 5 Essential Tiny Desk Concerts (June 2020 [15])
- ?How to use a paper towel,? Joe Smith (March 2020 [16], TED talk)
- Injustice and Health (February 2016 [17], UCSF Teach-in)
- Isle of Dogs (May 2018 [18], film)
- James Baldwin: The Price of the Ticket (film)
- Just Mercy, Bryan Stevenson (book)
- Lady Bird (February 2018 [19], film)
- Monument Valley (March 2017 [20], mobile game)
- ?Nepali Climb Step? (October 2017 [21], hiking technique)
- The Nocturnists: Black Voices in Healthcare (August 2020 [22], podcast)
- ?An Obituary for the Land,? The Daily podcast (October 2020 [23], on the Western wildfires)
- Once (August 2016 [24], film)
- The Overstory, Richard Powers (December 2019 [25], book)
- Paul McCartney on Carpool Karaoke (October 2018 [26])
- ?Patagonia: Yvon Chouinard,? How I Built This with Guy Raz (August 2019 [27], podcast)
- Perplexus (December 2015 [28], puzzle)
- Playing for Change and Songs Around the World (January 2020 [29], music videos)
- Political advocacy: Phoning our legislators (February 2017 [30])
- ?The Pre-pandemic Universe Was the Fiction,? Charles Yu (May 2020 [31], article)
• **RAMÓN RISING** (May 2016 [32], event and film)
• **RBG** (June 2018 [33], film)
• **Searching for Sugar Man** (October 2015 [34], film)
• **Sing Street** (August 2016 [24], film)
• **?Sonder?** (April 2016 [26], word definition)
• **The Sneetches**, Dr. Seuss (December 2018 [36], story)
• **A Star Is Born**, featuring Lady Gaga (November 2018 [37], film)
• **Sweet Dreams** (film)
• **The Swerve: How the World Became Modern**, Stephen Greenblatt (March 2016 [38], book)
• **There is a road, no simple highway: Hiking the Pacific Crest Trail** (January 2016 [39], presentation)
• **?Three Gratiitudes,?** Carrie Newcomer (January 2018 [40], poem)
• **The Three Marriages**, David Whyte (May 2017 [41], book)
• **To Be a Machine**, Mark O?Connell (July 2017 [42], book)
• **Travel Poll / How To Be An Ethical Traveler** (June 2019 [43])
• **Two Days, One Night** (film)
• **UCSF Police Department ? Safety and Security** (September 2016 [44], events)
• **A Vibe for Community Care & Rest** (June 2020 [15], playlist)
• **Weiman Stainless Steel Cleaner & Polish** (April 2018 [46])
• **?What Is Owed,?** Nikole Hannah-Jones (July 2020 [46], essay on reparations)
• **?Who Replaces Me?,?** *The Daily* podcast (September 2020 [47], a Black police officer's story)
• **?The World?s Best Kept Auto Secret?** (November 2015 [48], practical tip)
• **The Wright Brothers**, David McCullough (September 2015 [49], book)