Dan’s Tips and More

Browse the tips EVCP Dan Lowenstein has featured in his monthly EVCP Expresso [1] and see suggestions from the UCSF community.

- 1Password (June 2016 [2], password management app)
- 678 (film)
- AIDS Walk San Francisco (July 2016 [3])
- The Argument (April 2019 [4], news/opinion podcast)
- ?The Backwards Brain Bicycle? (September 2017 [5], brain plasticity)
- The Blank Slate: The Modern Denial of Human Nature, Steven Pinker (book)
- The Book of Joy: Lasting Happiness in a Changing World (February 2020 [6], book featuring His Holiness the Dalai Lama and Archbishop Emeritus Desmond Tutu)
- The Cartel (film)
- The Daily (January 2019 [7], news podcast)
- ?Deep work? (February 2019 [8], interview with author Cal Newport)
- Discovery Day at AT&T Park (November 2016 [9], Bay Area Science Festival)
- The ?Dutch Reach? (October 2016 [10], safe driving tip)
- The Edge of Heaven (film)
- Elevator tips (April 2017 [11])
- Finding Vivian Maier (film)
- F.lux (November 2017 [12], app)
- Galileo Thermometer (December 2017 [13])
- Gleason (December 2016 [14], film)
- ?Hope, Rage And Cries For Help?: 5 Essential Tiny Desk Concerts (June 2020 [15])
- ?How to use a paper towel,? Joe Smith (March 2020 [16], TED talk)
- Injustice and Health (February 2016 [17], UCSF Teach-in)
- Isle of Dogs (May 2018 [18], film)
- James Baldwin: The Price of the Ticket (film)
- Just Mercy, Bryan Stevenson (book)
- Lady Bird (February 2018 [19], film)
- Monument Valley (March 2017 [20], mobile game)
- ?Nepali Climb Step? (October 2017 [21], hiking technique)
- The Nocturnists: Black Voices in Healthcare (August 2020 [22], podcast)
- ?An Obituary for the Land,? The Daily podcast (October 2020 [23], on the Western wildfires)
- Once (August 2016 [24], film)
- The Overstory, Richard Powers (December 2019 [25], book)
- Paul McCartney on Carpool Karaoke (October 2018 [26])
- ?Patagonia: Yvon Chouinard,? How I Built This with Guy Raz (August 2019 [27], podcast)
- Perplexus (December 2015 [28], puzzle)
- Playing for Change and Songs Around the World (January 2020 [29], music videos)
- Political advocacy: Phoning our legislators (February 2017 [30])
- ?The Pre-pandemic Universe Was the Fiction,? Charles Yu (May 2020 [31], article)
• RAMÓN RISING (May 2016 [32], event and film)
• RBG (June 2018 [33], film)
• Searching for Sugar Man (October 2015 [34], film)
• Sing Street (August 2016 [24], film)
• ?Sonder? (April 2016 [25], word definition)
• The Sneetches, Dr. Seuss (December 2018 [35], story)
• A Star Is Born, featuring Lady Gaga (November 2018 [37], film)
• Sweet Dreams (film)
• The Swerve: How the World Became Modern, Stephen Greenblatt (March 2016 [38], book)
• There is a road, no simple highway: Hiking the Pacific Crest Trail (January 2016 [39], presentation)
• ?Three Grati?itudes,? Carrie Newcomer (January 2018 [40], poem)
• The Three Marriages, David Whyte (May 2017 [41], book)
• To Be a Machine, Mark O?Connell (July 2017 [42], book)
• Travel Poll / How To Be An Ethical Traveler (June 2019 [43], film)
• Two Days, One Night (film)
• UCSF Police Department ? Safety and Security (September 2016 [44], events)
• A Vibe for Community Care & Rest (June 2020 [15], playlist)
• Weiman Stainless Steel Cleaner & Polish (April 2018 [49])
• ?What Is Owed,? Nikole Hannah-Jones (July 2020 [46], essay on reparations)
• ?Who Replaces Me?,? The Daily podcast (September 2020 [47], a Black police officer's story)
• ?The World?'s Best Kept Auto Secret? (November 2015 [48], practical tip)
• The Wright Brothers, David McCullough (September 2015 [49], book)