

Dan's Tips and More

Browse the tips EVCP Dan Lowenstein has featured in his monthly *EVCP Expresso* [1] and see suggestions from the UCSF community.

- 1Password (June 2016 [2], password management app)
- 678 (film)
- AIDS Walk San Francisco (July 2016 [3])
- *The Argument* (April 2019 [4], news/opinion podcast)
- ?The Backwards Brain Bicycle? (September 2017 [5], brain plasticity)
- *The Blank Slate: The Modern Denial of Human Nature*, Steven Pinker (book)
- *The Book of Joy: Lasting Happiness in a Changing World* (February 2020 [6], book featuring His Holiness the Dalai Lama and Archbishop Emeritus Desmond Tutu)
- *The Cartel* (film)
- *The Daily* (January 2019 [7], news podcast)
- ?Deep work? (February 2019 [8], interview with author Cal Newport)
- Discovery Day at AT&T Park (November 2016 [9], Bay Area Science Festival)
- The ?Dutch Reach? (October 2016 [10], safe driving tip)
- *The Edge of Heaven* (film)
- Elevator tips (April 2017 [11])
- *Finding Vivian Maier* (film)
- F.lux (November 2017 [12], app)
- Galileo Thermometer (December 2017 [13])
- *Gleason* (December 2016 [14], film)
- ?Hope, Rage And Cries For Help?: 5 Essential Tiny Desk Concerts (June 2020 [15])
- ?How to use a paper towel,? Joe Smith (March 2020 [16], TED talk)
- *Injustice and Health* (February 2016 [17], UCSF Teach-in)
- *Isle of Dogs* (May 2018 [18], film)
- *James Baldwin: The Price of the Ticket* (film)
- *Just Mercy*, Bryan Stevenson (book)
- *Lady Bird* (February 2018 [19], film)
- Monument Valley (March 2017 [20], mobile game)
- ?Nepali Climb Step? (October 2017 [21], hiking technique)
- *The Nocturnists: Black Voices in Healthcare* (August 2020 [22], podcast)
- *Once* (August 2016 [23], film)
- *The Overstory*, Richard Powers (December 2019 [24], book)
- Paul McCartney on Carpool Karaoke (October 2018 [25])
- ?Patagonia: Yvon Chouinard,? *How I Built This with Guy Raz* (August 2019 [26], podcast)
- Perplexus (December 2015 [27], puzzle)
- Playing for Change and Songs Around the World (January 2020 [28], music videos)
- Political advocacy: Phoning our legislators (February 2017 [29])
- ?The Pre-pandemic Universe Was the Fiction,? Charles Yu (May 2020 [30], article)
- *RAMÓN RISING* (May 2016 [31], event and film)
- *RBG* (June 2018 [32], film)

- *Searching for Sugar Man* (October 2015 ^[33], film)
- *Sing Street* (August 2016 ^[23], film)
- ?Sonder? (April 2016 ^[34], word definition)
- *The Sneetches*, Dr. Seuss (December 2018 ^[35], story)
- *A Star Is Born*, featuring Lady Gaga (November 2018 ^[36], film)
- *Sweet Dreams* (film)
- *The Swerve: How the World Became Modern*, Stephen Greenblatt (March 2016 ^[37], book)
- *There is a road, no simple highway: Hiking the Pacific Crest Trail* (January 2016 ^[38], presentation)
- ?Three Gratuities,? Carrie Newcomer (January 2018 ^[39], poem)
- *The Three Marriages*, David Whyte (May 2017 ^[40], book)
- *To Be a Machine*, Mark O?Connell (July 2017 ^[41], book)
- Travel Poll / How To Be An Ethical Traveler (June 2019 ^[42])
- *Two Days, One Night* (film)
- UCSF Police Department ? Safety and Security (September 2016 ^[43], events)
- A Vibe for Community Care & Rest (June 2020 ^[15], playlist)
- Weiman Stainless Steel Cleaner & Polish (April 2018 ^[44])
- ?What Is Owed,? Nikole Hannah-Jones (July 2020 ^[45], essay on reparations)
- ?The World?s Best Kept Auto Secret? (November 2015 ^[46], practical tip)
- *The Wright Brothers*, David McCullough (September 2015 ^[47], book)

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